
ERCP PROCEDURE INFORMATION (ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY)

You have been scheduled for an ERCP procedure at the Digestive Health Center at the University of Virginia Medical Center.

Your appointment is on: _____ at _____.

Arrive at _____ for registration and to prepare for the procedure.

For your comfort, you will receive anesthesia during your procedure. You will need to have a **responsible adult driver** to drive you home. **The responsible adult/driver must remain at the facility during the entire procedure process.**

If you live more than 30 minutes from a hospital emergency department, you may want to plan to spend the night at a hotel in Charlottesville after discharge from the hospital. We strongly urge you to arrange for someone to be with you the night after discharge so you are not alone.

1. Your time with us may range from 3-6 hours. In order to have seating for all Digestive Health patients, we ask that only one person be in the waiting room with you. Please leave all jewelry and piercings at home.
2. Do not have any solid food or hard candy after midnight the night before your procedure. Your physician's care coordinator will tell you when to stop drinking clear liquids before you arrive for the procedure.
3. If you are on medicine for diabetes, please call your Primary care doctor to have diabetic medicine doses changed for the day of your procedure, because you will not eat on the morning of your appointment.
4. If you are on prescription blood thinners and cardiac medicine, please call the Care Coordinator you have been working with to discuss the plan, if you have not already discussed the plan previously.
5. You may be asked to have additional lab work or other pre-testing as part of the preparation for anesthesia. The need for this is determined by your team and you will be notified if necessary.

IMPORTANT: Some medications, such as diabetes medication and blood thinners, could cause complications during your upcoming procedure. If you take any of the following medications, contact the doctor who prescribes them to you **two weeks before your procedure date** and ask if you need to temporarily stop taking these medications.

- **Weight-loss or diabetes medication**, including Mounjaro, Ozempic, Saxenda, Victoza, Wegovy

- **Blood thinning medication**, including Aggrenox, Coumadin, Eliquis, Lovenox, Persantine, Plavix, Pletal, Pradaxa, Ticlid, Warfarin, Xarelto,

If you take any of these medications, we also recommend that you follow a **clear liquid diet for 1 day** before this or any endoscopic procedure during which you will be sedated, or “go to sleep,” during the procedure. While following a clear liquid diet, you can drink water and other sugar-free clear liquids. This will help empty your stomach, which is necessary for these procedures.

Thank you for choosing The Digestive Health Center at The University of Virginia.

Clear Liquid Diet

Change to this diet **ONE DAY** before your Colonoscopy. You will return to your regular diet after the procedure.

Clear Liquids OK to Drink	Do NOT Drink
<ul style="list-style-type: none"> • Water (plain, carbonated or flavored) • Fruit juices without pulp, such as apple or white grape juice • Carbonated drinks, including dark sodas (cola and root beer) • Tea or coffee without milk or cream • Sports drinks (not red or purple) 	<ul style="list-style-type: none"> • Milk • Artificial creamers • Fruit or vegetable smoothies • Gelatin (Jell-O) • Alcohol • Anything red or purple. These liquids can look like blood in the colon. • Broth