



The Keats Society newsletter



Dear Colleagues

On behalf of the Keats Society, I cordially invite you to join us May 8-10, 2009, for our Homecoming Weekend. We have an exciting agenda planned and we hope you are able to travel back to Charlottesville to renew old friendships and share memories of your time with us.

Our weekend will begin on Friday afternoon with a guided tour of the department, highlighting our “reading room of the future” and our resident education wing. Friday evening, I will host a cocktail reception at my home. My wife, Patt, swears that we will celebrate my 85th birthday that evening (not true, I’m holding at 45)! Saturday will include a 4.5 hour credit CME course with Dr. David Levin, from Thomas Jefferson University, who will present the Theodore Keats, M.D., Honorary Lectureship. Drs. Bill Black and Chris Sstrom (current Keats Society members) will deliver lectures, along with several U.Va. faculty members discussing the theme of “appropriateness of imaging.” That evening, we will gather at the Boar’s Head for a reception, dinner, silent auction and video display of former resident classes – come and see how we have “grown up” over the years! If you are a golfer, Dr. Hans Riddervold requests your presence at Keswick Hall for the Riddervold open golf tournament on Sunday.

Inside of this newsletter, you will find the registration brochure outlining the entire weekend, including the schedule of events, special lodging (the block of rooms at the Boar’s Head expires April 9, 2009) and reunion costs. You may also register online at <http://www.healthsystem.virginia.edu/internet/cme/live.cfm>.

If you need assistance or have questions, please contact Karen Barden at 877-882-9729 (toll free) or kb6m@virginia.edu.

I personally encourage you to attend this reunion, and I ask you to urge your friends and classmates to come as well. When I recall my 28 years as Chair of the U.Va. Radiology Department, and the vast number of residents that I trained and taught here, I am genuinely excited at the prospect of seeing and visiting with each of you.

This will be a reunion that you do not want to miss! Please fill out and return the registration form and make plans now to join us at the 2009 Keats Society Homecoming Weekend. I look forward to seeing you back in Charlottesville.

All my best,

Ted Keats

Ted Keats, MD



Keats Society Homecoming Weekend Agenda

Friday, May 8, 2009 Activities

- 2:00 – 4:00 pm Check in and pick up registration packet at Boar's Head Inn
4:00 – 5:00 pm Guided tours of the Radiology Department's newest renovations
5:00 – 8:00 pm **Keats Society Cocktail Party — Home of Ted and Patt Keats**

Saturday, May 9, 2009 Activities, CME Program

Jordan Hall Conference Center, University of Virginia

- 7:30 am Registration
7:45 am Opening Remarks
8:00 am – 8:45 am **Talissa A. Altes, MD — University of Virginia**
Scanning Gently - Limiting Radiation Exposure in Diagnostic Imaging of Children
8:45 am - 9:30 am **Jennifer A. Harvey, MD — University of Virginia**
Breast Cancer Screening: When to Use New Modalities
9:30 am – 9:45 am Break
9:45 am – 10:30 am **Christopher L. Siström— University of Florida**
The Appropriateness of Imaging: A Comprehensive Conceptual Framework
10:30 am - 11:15 am **The Keats Society Distinguished Alumnus Lecture**
William C. Black, MD — Dartmouth-Hitchcock Medical Center
CT Screening for Lung Cancer: An Update
11:15 am - 11:30am Break
11:30 am – 1:00 pm Keats Society Business Meeting and Lunch
(on site at Jordan Hall)
1:00 pm - 2:00 pm **The Theodore Keats, MD Honorary Lectureship**
David C. Levin, MD — Thomas Jefferson University
The Appropriateness or Inappropriateness of Self-Referred Diagnostic Imaging:
What Does the Evidence Show?
2:05 pm – 2:15 pm Questions
2:15 pm – 2:35 pm **Alan Matsumoto, MD - University of Virginia**
Department Update
2:00 pm - 6:00 pm Leisure time
6:00 pm - 10:00 pm **Keats Society Banquet**
Grand Ball Room, Boar's Head Inn

Sunday, May 10, 2009

Keswick Hall

- 10:00 am "Riddervold Open" Golf Tournament followed by a buffet lunch *

**All golf participants will receive a bottle of Virginia wine*

2008 RSNA Winners...

Magna Cum Laude:

Beyond Galactography: Conventional MR Imaging and Emerging MR Imaging Techniques for Evaluating Intraductal Lesions of the Breast
Thomas Carr III, M.D.; Brandi Nicholson, M.D.; Jimi Obembe, M.D.; Michael Cohen, M.D.; Jennifer Harvey, M.D.

Cum Laude:

CT Arthrography versus MR Arthrography in Evaluation of the Knee

Kevin Blount, M.D.; Michael Fox, M.D.; Christopher Gaskin, M.D.

Fact or Fiction: Debunking Urban Legends about Iodinated Contrast Agents

Asim Choudhri, M.D.; K. Derek Kreitel, M.D.; Rourke Stay, M.D.; Chris Ho, M.D.; Patrick Norton, M.D.

Certificate of Merit:

Evaluation of Patients with Endofibrosis of the Iliac Arteries

Ugur Bozlar, M.D.; Patrick Norton, M.D.; Naren Gupta, M.D., Ph.D.; Ahmed Hussein, M.D.; Ismaeel Maged, M.D.; Klaus Hagspiel, M.D.; et al



Thank You 2008 Donors!!!

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Annual Alumni Reception at the RSNA

For the fourth consecutive year, Keats members and guests gathered in Chicago during the 2008 RSNA. This annual meeting reception was held on December 2, 2008, in the beautiful King Arthur Court Ballroom at the Intercontinental Hotel. This venue has been so popular for the past three years, we plan to make it the permanent location for our annual gathering.



The event was well attended with over 80 former and current residents, faculty members and their guests. The President of the Society, Dr. Drew Lambert and Interim Chair of the Department of Radiology, Dr. Alan Matsumoto, also attended.

If you plan to be in Chicago for the 2009 RSNA, please join us for this annual event. In order to allow as many people as possible to attend, we have decided to change the date to Monday night (versus our usual Tuesday), so please mark your calendar for Monday, November 30, 2009.

For more online pictures of this and many other Keats-sponsored events, please visit our web site at: <http://www.healthsystem.virginia.edu/internet/radiology/alumni/album.cfm>.



Alumna's Profile...

Anne Brower, M.D.

One of our Keats Society members and former radiology resident, Anne Brower, M.D., was recently featured in the December '08 publication of Smith Alumnae Online. Smith University is a private liberal woman's college in Northampton, Massachusetts where Dr. Brower graduated in 1960. She went on to Columbia University to earn her MD Degree in 1964, and from there spent from 1966 – 1973 at the University of Virginia where she was a Resident in both Internal Medicine and Radiology. We are pleased to share with you excerpts from this wonderful article on this extraordinary woman.

Faith, hope, and healing...

Anne Brower grew up as the youngest of three children, all of whom grew up in a leafy suburb of Westfield, New Jersey. With two older brothers, she spent a lot of time vying for attention and trying to step out of their shadows. "As the youngest, I was invisible, so I forced myself to become visible," she says. At times, though, it seemed an uphill battle. "In school, one of my brothers got summa, one got magna. I got nothing," she says. "I was always lagging behind."

Then in high school she joined a chorus ("the coolest thing to do back then," she says) and her world changed. "Suddenly, I had a talent that nobody else in the family had," she says. "It was a major turning point." Beyond the sheer joy and self-confidence it brought to her life, singing made her consider, for the first time, that there might be a higher power at work.

She came to Smith University on the reputation of its music department, but when it came time to decide on a major, she took the practical route and chose premed. "I knew I wasn't good enough to be a professional concert musician and I didn't want to teach, so I turned to the sciences, which I had always loved anyway," she says.

After graduation, she entered medical school at Columbia's College of Physicians and Surgeons. By then she had fallen in love and married a fellow student, James Culver, and together they moved to Virginia. There Anne took a fellowship in hematology but later switched to radiology at the University of Virginia. Getting in, though, wasn't easy. "They had a big debate because I was a woman, and they cited all these statistics about the number of women who quit," she says. "But I had gone through two pregnancies while continuing to work, so I wasn't about to give up. This is something I wanted, so somebody eventually stood up for me and I got in."

Through her residency, she became fascinated by what she calls the "beauty of bones and bone tissue." For her, bones reflect the uniqueness of each individual. "They're the most beautiful things we've got," she says.

To her surprise, her stint at the University of Virginia also led to a passion for teaching. "Once I got there and gave that first lecture, I thought, hey, this is kind of fun," she says. While spending time on faculties at many different medical institutions in the late 1970s and 1980s, she developed a reputation for her ability to look at a patient's X-ray and instinctively know what was wrong, even if it was not immediately apparent. She had become particularly adept at diagnosing arthritis and various bone and joint diseases.

Her reputation and diagnostic skills eventually caught the attention of White House doctors. For a long time, she was known as the "bone doctor to the presidents," having treated Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, and George H. W. Bush. These days, she is appropriately discreet and won't divulge much about her experiences with each president, but she will say that they all were "kind and caring," noting that the elder Bush was "such a gracious man" and that Reagan was "in the best shape of all the presidents I cared for."

As a capper to her medical career, Brower, in 1993, was named chair of the Department of Radiology at Eastern Virginia Medical School in Norfolk—the first woman in the country to hold such a position. Before she could enjoy any of the accolades that came with her new title, though, she had to face a challenge that would eventually lead her away from medicine and down a more spiritual path.

The turning point for Brower's career was when she was diagnosed with breast cancer. Feeling adrift, she went to see the pastor at her local Episcopal church. He suggested that she join the healing center that he was starting. Through that group, Brower met a massage therapist named Karen Davis who she says changed her life. "Karen's touch and insights led me to really know myself—my strengths, my weaknesses, and my God-given power," she writes in her book titled *I Am Not Ready to Die Just Yet*. Over the course of two years, "Karen guided me to a much deeper place—a much deeper communion with God than I had ever experienced."

In 1998 at the age of 61, Dr. Brower put her career in medicine aside and entered the Episcopal seminary in Alexandria, Virginia. Even though she works within the structure of a church, Brower holds a more holistic view of spirituality. "I encourage people to embrace the things in their lives that bring them closer to their God," she says.

For more than a decade now, she has been preaching—sometimes to the dismay of fellow priests—about what, in her mind, is the unmistakable intersection of faith, hope, and healing. Fluent in both *Gray's Anatomy* and the Scriptures—and having survived a health crisis of her own—she is perhaps the perfect messenger. As senior chaplain at the historic Washington National Cathedral, she regularly preaches to thousands of worshippers and is a sought-after speaker at churches, medical groups, and spiritual conferences around the country. Her four decades' worth of work as a physician and authority on bone radiology has earned her national recognition. In 1997, she was awarded the prestigious Marie Curie Excellence Award, given to the country's leading woman radiologist. In February 2008, she was awarded the Smith College Medal for her contributions to medicine and religion.



John MacMillan is editor of the Smith Alumnae Quarterly

To order a copy of Anne Brower's book, *I Am Not Ready to Die Just Yet*, e-mail Anne at annec.brower@worldnet.att.net

