

Carol Rees Parrish, R.D., M.S., Series Editor

Introduction to a New Series



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As the number of patients diagnosed with celiac disease continues to grow, patients are clamoring for timely, reliable information that allows them to individualize their diet for their particular needs and lifestyle. Knowledgeable dietitians who are adept in the complexities of the gluten free diet and translating it to meet different lifestyles, budgets, and concomitant disease processes have contributed to this new mini-series. The series will run September 2006–May 2007 and will include the following topics:

1. Update on Celiac Diet
2. Whole Grains and How to Use Them
3. Kids and the Celiac Diet
4. The Gluten Free Diet on a Shoestring Budget
5. Dining Out
6. Diabetes and Celiac Disease, a Double Whammy
7. Medications and Celiac Disease—What is a Patient to Do?
8. Heart Health and the Celiac Diet
9. The Gluten Free Vegetarian
10. Celiac Centers/Experts in the U.S.

I hope you will find these articles useful to you and your patients.